

<u>March</u>	<u>Clubs</u>	<u>Free Exercises</u>	<u>Rods</u>
1 Ashgrove	1 Diamond Creek	1 Berwick	1 Regency
2 Blackburn	2 Ashgrove	2 Diamond Creek	2 Berwick
3 Diamond Creek	3 Boronia	3 Regency	3 Ashgrove
4 Boronia	4 Berwick	4 Ashgrove	4 Blackburn
5 Regency	5 Blackburn	5 Boronia	5 Diamond Creek
6 Berwick	6 Regency	6 Blackburn	6 Boronia
1st _____	1st _____	1st _____	1st _____
2nd _____	2nd _____	2nd _____	2nd _____
3rd _____	3rd _____	3rd _____	3rd _____
HM _____	HM _____	HM _____	HM _____
HC _____	HC _____	HC _____	HC _____
SpM _____	SpM _____	SpM _____	SpM _____

WARM UP BREAK

MAIN BREAK

<u>Aesthetic</u>	<u>Calisthenic Revue</u>
1 Blackburn	1 Boronia _____
2 Boronia	2 Regency _____
3 Berwick	3 Blackburn _____
4 Regency	4 Diamond Creek _____
5 Ashgrove	5 Berwick _____
6 Diamond Creek	6 Ashgrove _____
1st _____	1st _____
2nd _____	2nd _____
3rd _____	3rd _____
HM _____	HM _____
HC _____	HC _____
SpM _____	SpM _____

Results will be announced after each item

Team	March	Clubs	Free	Rods	Aes	Cal Revue	TOTAL
Ashgrove							
Berwick							
Blackburn							
Boronia							
Diamond Creek							
Regency							

Points for aggregate trophies will be assigned as follows: 1st place - 6 pts, 2nd place - 4 pts, 3rd place - 2 pts, HM - 1 pt, HC - 0.5 pt

Thanks to our business partners for 2019.
Please support them in appreciation of their support of Longbeach!

